

# Accessing Inclusive Sports Clubs and Communities

## Webinar Summary

myintegra

NDIS Plan Management

**Webinar presented by Jacqueline Kelly, GM Sport, Health & Fitness, Sporting Wheelies and Lisa Stone, Marketing Manager, Sporting Wheelies**

**Sporting Wheelies and Disabled Association is Queensland's leading provider of inclusive sports, recreation and rehabilitation therapy.**

As the state's peak body for Paralympic sports, we are committed to making active goals of all levels possible for people with disability. This includes a wide range of disabilities.

Sporting Wheelies are the state sporting association for Wheelchair Rugby, Wheelchair Basketball, Para Powerlifting, Boccia, Goalball.

Sporting Wheelies are driven to level the playing field for people with a disability.

**Sporting Wheelies builds communities of people of all abilities to lead an active and healthy life through the power of sport.**

From regaining function through state-of-the-art rehabilitation, finding renewed independence and friendship in team sports, or competing in Paralympic sports.

### **How can people benefit from sport and physical activity participation?**

- Improved physical health
- Improved mental health
- Increased social interaction
- Increased inclusion and participation
- Opportunities for skill development
- Improved quality of life, independence and daily functioning

**83% of people with disability are not sufficiently active for health benefits**

**People with disability are less likely to be physically active.**

**Opportunities to take part in sport are limited. This declines even further in people with moderate to severe impairments.**

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## How can the NDIS support active goals?

### Participant goals are at the core of NDIS support.

Approval of NDIS funding for sport is dependent on the goals that you set, so it is important to be prepared for your planning meeting.

If goals include participating more in the community, making new friendships, improving health and wellbeing or skill building, then participation in sports may support the achievement of those goals.

### Funding for sporting activities is included under social and recreational support.

This can either fall under Capacity Building or Core Supports:

- Capacity Building: Community Participation Activities (09\_011\_0125\_6\_3).
- Core: Community Social Recreation Activities/ Group and Centre based activities (04\_102\_0136\_6\_1)

### What can be funded by the NDIS?

- Social and community sports
- Training for instructors or coaches
- Short term support to help build skills
- A support worker
- Transport
- Personal care
- Assistive technology
- Special equipment such as sports wheelchairs
- Equipment modifications

### What can't be funded by the NDIS?

- Gym or sports club memberships
- Standard equipment
- Uniforms or clothing
- Entry and registration fees
- Participation in activities at a professional or elite level

**Sporting Wheelies can assist people by writing letters of support to ensure they can receive funding for social and recreational support in their NDIS plans.**



## Australia's first ever Para Clubhouse

This centre will combine industry leading facilities, sports courts with world-class rehabilitation and support services, bringing together disability experts, allied health specialists and Para Sport coaches to improve the lives of people with disability.

**The Sporting Wheelies Para Sport Clubhouse will be an inclusive sports hub supporting people with a disability to get active, have fun and catch up with friends.**

It will be a place where people with a disability can come together. From regaining function through state-of-the-art rehabilitation, finding renewed independence and friendship in team sports, or competing in Paralympic sports. Sporting Wheelies is building a community of people of all abilities to lead an active and healthy life.

For hundreds of years, mainstream sports and other groups have created places where like-minded people can come together to socialise and play their chosen sports. But in the history of sports in Queensland and across Australia, there has never been a clubhouse for inclusive and para sports.



Located at 2 Kilroe Street Milton and is expected to open June 2023.

**Contact Sporting Wheelies**

**Ph: (07) 3253 3333**

**E: [mailbox@sportingwheelies.org.au](mailto:mailbox@sportingwheelies.org.au)**

## Manage your participants NDIS budget and help them get the most out of their funds.

At MyIntegra, we're here to help make things easier. Our plan management service can take care of the paperwork, pay invoices on time, and give practical advice and assistance to ensure your NDIS participants plan works best for them.

With the right plan manager by your side, the NDIS journey gets much easier. Our user-friendly online portal is an essential tool to help you manage your NDIS participants plan.

- Leading NDIS registered provider
- Fast and accurate invoice payments
- Clarity and control over your participants NDIS budget
- Track NDIS funds at any time with our portal
- One login to manage multiple participants
- Reserve funding for preferred providers
- Extended customer service hours
- Dedicated Support Coordinator Hotline

### **MyIntegra Support Coordinator Hotline for streamlined service and support.**

We understand that you are busy and need knowledgeable and efficient assistance from a Plan Manager. That's why we offer a dedicated contact point to ensure a seamless experience for you.

**Ph: 1300 769 608**

**SMS: 0480 028 824**

**E: [choiceandcontrol@myintegra.com.au](mailto:choiceandcontrol@myintegra.com.au)**

You'll be connected directly with our team of experts who specialise in assisting Support Coordinators with their questions or concerns, providing prompt and reliable assistance.

**Visit [myintegra.com.au](https://myintegra.com.au) to learn more or refer your participants for Plan Management.**



## Your local Partner Engagement Officer

**MyIntegra's dedicated Customer Service Team is here to support you and your clients through the NDIS.**

We also have our Partner Engagement Officers who serve as a point of contact for Support Coordinators, Local Area Coordinators and Early Childhood Coordinators.

Get in touch if you have any questions about how we can help or to request a demonstration of our Plan Management Portal.

**Your local Partner Engagement Officer is listed below.**

### **WA/SA**

Name: Katrina Perera

Email: [katrina.perera@myintegra.com.au](mailto:katrina.perera@myintegra.com.au)

Phone: 0491 691 915

### **QLD/NT**

Name: Alyce Eaton

Email: [alyce.eaton@myintegra.com.au](mailto:alyce.eaton@myintegra.com.au)

### **ACT/NSW**

Name: Lorraine Stokes

Email: [lorraine.stokes@myintegra.com.au](mailto:lorraine.stokes@myintegra.com.au)

Phone: [0482 169 341](tel:0482169341)

### **VIC/TAS**

Name: Dina Manuera

Email: [dina.manuera@myintegra.com.au](mailto:dina.manuera@myintegra.com.au)

Phone: [0482 162 464](tel:0482162464)