

## **Q. Can you please provide examples of social and community sports that the NDIS will fund?**

A. Ultimately, it comes back to whether the social and community sport relates to the participant goals and whether the activity supports the achievement of those goals. If goals include participating more in the community, making new friendships, improving health and wellbeing or skill building, then participation in sports may support the achievement of those goals.

Funding for sporting activities is included under social and recreational support:  
Capacity Building: Community Participation Activities (09\_011\_0125\_6\_3)  
Core: Community Social Recreation Activities/Group and Centre based activities (04\_102\_0136\_6\_1)

There is a range of sports that are provided to people with a disability. Sporting Wheelies for example, provide Wheelchair Rugby, Wheelchair Basketball, Para Powerlifting, Boccia and Goalball.

Many sports clubs and communities are not NDIS registered. Participants who are self-managed or plan-managed will be able to use NDIS funding for both registered and unregistered sports organisations. It is important to speak with your Local Area Coordinator or plan manager to help you understand how you can use your funds for sports.

MyIntegra can help you find the right supports and manage your NDIS funding so you can get the most out of your plan. Sporting Wheelies can also help you to maximise the support you are getting from the NDIS and make sure the funding you apply for matches your goals.

## **Q. Does Sporting Wheelies support mental health participants?**

A. Yes, absolutely. Despite the name, Sporting Wheelies support over 65 different disabilities, inclusive of people with mental health conditions.

## **Q. The NDIA will fund an EP or DSW but not the activity. How do you claim through PRODA?**

A. That is correct, the NDIA does fund Exercise Physiology, however it can also be used to fund social sporting activities.

How activities are claimed through PRODA depends on the participant's plan, how it has been set up and managed. For example, if a participant has a plan manager, it would be the plan managers responsibility to manage the claim on behalf of the participant.

## Q. Is there a contact in Victoria? Is there similar supports in NSW?

A. Yes, please see below a brief guide we have put together to help you find similar supports in each state.

### Western Australia

- Directory of inclusive Sports in WA on Autism Association WA <https://www.autism.org.au/autism-and-Sport-Directory>
- WADSA <https://www.wadsa.org.au>

### Queensland

- Sporting Wheelies <https://www.sportingwheelies.org.au/>

### Victoria

- Disability Sport and Recreation <https://www.dsr.org.au/>
- Access for All Abilities online directory <https://www.aaaplay.org.au>

### New South Wales

- Government Office of Sport page – online directory by sports <https://www.sport.nsw.gov.au/find-a-sport/sport-for-people-disability>
- Wheelchair Sports <https://www.wsnsw.org.au/home/>

### South Australia

- Wheelchair Basketball Association <https://www.sawba.org/>
- Active Inclusion Sport SA <https://activeinclusion.com.au/sport/find-play-sport/>
- Football, tennis, cricket, basketball, swimming, powerchair hockey and powerchair football programs <https://www.oneculturesupportservices.org/sport-programs-sa>

### Northern Territory

- Disability Sports Northern Territory <https://www.sportsnt.org.au/>

### Tasmania

- ParaQuad Tasmania <https://www.paraquadtas.org.au/>